



THE Green Table RESTAURANT



"Farm to Table. Table to Soul."

* **GF** = Gluten-Free Option Available

SF = Soy Free

100% Vegan

All Housemade Products Are Made Using Kitchen Whichery Products.



Brunch

Pancakes Served Saturday and Sunday 11am - 1pm Only. Breakfast Bagels Served All Day Everyday.

Breakfast Bagel - Foldable Just Egg Patty And Your Choice Of Impossible Or Beyond Breakfast Sausage Patty And Topped With Choice Of Cheese, Spinach, And Tomato. Served On Plain Or Everything Bagel. \$8.95

Pancakes - 2 Fluffy Whole Wheat Cakes Served With Either Impossible Or Beyond Breakfast Sausage Patty Or 2 Strips Of Seitan Bacon. \$8.95

Lunch

All Seitan Products Made From Kitchen Whichery Soy-Free Seitan.

All Seitan Sammies Served With Fries And Slaw. Wrap Add-Ons Are An Additional .55 Each.

Gyro - Seasoned Seitan Served On A Hot Grilled Pita With Lettuce, Tomato, Cucumber, Onions And Tzatziki Sauce. 13.25

Philly - Seasoned Seitan Served In A Hot Crusted Hoagie With Peppers, Onions, Mushrooms, Maysy Naisy And Topped With Melted Cheese Sauce. \$13.95

BBQ - Seasoned Seitan With Grilled Onions And Bbq Saucery, Topped With Cheese Sauce And Pickle Then Served On Sesame Bun With Maysy Naisy And Lettuce. \$11.95

BBQ Philly - Seasoned Seitan With Grilled Onions, Peppers And Mushrooms Tossed In Bbq Saucery And Served On Grilled Hoagie With Maysy Naisy And Topped With Cheese Sauce And Pickle. \$14.25

Mississippi - Seasoned Seitan, Grilled Onions And Banana Peppers Served On Grilled Hoagie With Maysy Naisy And Topped With Cheese Sauce. \$13.25

Cuban - Seasoned Seitan, Swiss Cheese And Maysy Naisy, Mustard, And Pickles. Served On Pressed Cuban Bread. \$11.75

Italian Cold Sub - Hoagie Bread, Maysy Naisy, Provolone Cheese, Lettuce, Tomatoes, Onion, Green Pepper, Cucumber, Pickles, Banana Peppers, Seitan, Homemade Italian Dressing. - \$11.75

Seitan Club - Stacked Seitan, Provolone Cheese, Lettuce, Tomatoes, Onion, Seitan Bacon, Pickles, And Maysy Naisy On Toasted Marble Rye. - \$11.95

Schwarma - Seasoned Seitan Served In Grilled Whole Wheat Wrap With Cream Cheese, Lettuce And Tomato And Grilled Onions. \$12.95

Un-Beef N Cheddar - Seasoned Seitan Served On Grilled Onion Roll With Horseradish Mayo And Topped With Our Tangy House-Made Sauce And Cheese Sauce. \$10.95

Buffalo Chik'n - Southern Fried Cutlet Battered In Homemade Seasonings And Topped With House Made Buffalo Sauce. Served With Lettuce, Pickle And Maysy Naisy On A Grilled Ciabatta Roll. Add Your Choice Of Blue Cheese Or Ranch Dressing. \$14.25

Tenders/Nuggets - (Subject To Availability) Breaded Beyond Or Impossible Tenders/ Nuggets Served With Fries And Slaw. \$9.25

BURGERS

All Burgers Are Made With Impossible Burger With Exception Of Beyond Burger (SF), And Are Served With Fries, Drink, And Slaw. Impossible And Beyond Burgers Are Both Gluten-Free And Can Be Made On GF Bread.

Mack Stack - Grilled Impossible Patty Topped With American Cheese On Sesame Seed Bun. House-Made Thousand Island Dressing, Lettuce, And Pickle. \$12.95

Tank - Grilled Impossible Patty With American Cheese On Pretzel Bun With Maysy Naisy, Lettuce, Tomato, Pickle And Onion Rings Plus Bbq Sauce. \$13.75

Wowper - Grilled Impossible Patty On Sesame Seed Bun With Maysy Naisy, Lettuce, Tomato, Onion And Pickle. \$13.25

Patty Melt - Grilled Impossible Patty On Marbled Rye With House-Made Thousand Island, Swiss Cheese And Grilled Onions. \$12.25

Beyond Burger - Grilled Beyond Patty Served On Whole Wheat Bun With Maysy Naisy, Lettuce, Tomato, Onion And Pickle. \$12.25

HAVE AN ALLERGY? PLEASE INFORM YOUR SERVER SO WE CAN ACCOMODATE YOU.

Signature Sandwiches

Sandwiches Served With Slaw. **GF** = Gluten-Free Option Available, **SF** = Soy Free

BLT - 2 Slices Of Seitan Bacon On Choice Of Multi-Grain Or Rye With Maisy Naisy, Lettuce And Tomato. \$8.95

Grilled Cheese* - Regular Or With Veggies And Your Choice Of Cheese And Bread. (Veggies: Tomatoes, Onions, Peppers, Mushrooms). Plain \$7.00, With Veggies \$9.00

Reuben * - Marinated Tempeh On Grilled Marbled Rye, Housemade Thousand Island Dressing, Swiss Cheese, Grilled Onions And Kraut. \$11.95

Hummus Roll Up - Homemade Hummus With Lettuce, Tomato, Carrots, And Cucumber In A Whole Wheat Wrap. (Addons: Peppers, Onions, Mushroom, Banana Peppers - \$.75 per item). \$9.95

Buffalo Chik'n Wrap - Chik'n Tenders Chopped And Tossed In Homemade Buffalo Sauce With Lettuce, Tomato, Pickles, And Onions, With Your Choice Of Ranch Or Blue Cheese Dressing And Wrapped In Either Whole Wheat Or Sundried Tomato Wrap Then Pressed To Warm. Served With Fries. \$13.95

BBQ Chik'n Wrap - Chik'n Tenders Chopped And Tossed In Homemade Kitchen Whichery BBQ Saucery Then Combined With Grilled Onions, Lettuce, Provolone Cheese, Pickles And Kitchen Whichery Maisy Naisy And Served In A Whole Wheat Or Sundried Tomato Wrap And Pressed To Warm. Served With Fries. \$13.95

Combos

1/2 Sammie And Bowl Of Soup - (See Server For Soup Choices.) Or 1/2 Sammie (Grilled Cheese, Grilled Cheese With Veggies, Reuben, BLT) And House Salad. \$9.00

Salads

Super Food - Mixed Greens Served With Smoked Maple Tempeh, Red Onion, Apples, Tomatoes, Cranberries, Hemp Seeds. Served With Your Choice Of Dressing. (We Suggest Lemon Tahini.) \$13.50

Garden - (Large) Mixed Greens With Peppers, Carrots, Tomatoes, Cucumber, Raisins, Walnuts And Mixed Cheeses. \$12.25

House - (One Size) Mixed Greens With Tomatoes, Peppers, Cucumber And Carrots. \$9.95

Desserts

Soft Serve Ice Cream
(Ask Server For Flavors.)

Choose A Cone (Cake Or Waffle). \$2.50 Cake Cone, \$3.50 Waffle Cone.

Make It A Sundae With Any Topping (Oreo, Chocolate Chips, Mint Cookies, Chocolate Or Caramel Syrups, Fruit, Sprinkles, Whipped Cream, Etc). \$6.50
(First Two Toppings Included. .75 Cents Each Additional Topping.)

Shakes (Butterbeer, Coffee, Pineapple Dole Whip, Orange Creamsicle, Banana Oatmeal, Reese's Peanut Butter Cup). \$5.50

Sides

Just Egg Patty (1) \$2.95 (SF)

Breakfast Sausage (Impossible or Beyond) \$3.25

Onion Rings \$4.95

Tempeh \$3.95

Housemade Seitan (2 Oz) \$3.95 (SF)

Slaw (Cup) \$3.95

Any Pancake (1) \$2.75

Fries \$3.95

Hashbrowns \$2.95

Seitan Bacon \$3.25

Side Salad \$5.95

Beverages

Coffee \$2.25

Espresso Single Shot \$2.50, Double Shot \$2.75

Juice (Orange, Apple, Pineapple, Cranberry) \$2.95 No Refills

Iced Tea (Raspberry Hibiscus, Black Tea) Unsweetened \$3.25

Hot Tea (Variety Of Flavors) \$2.25

Lemonade \$3.25

Ginseng Up (Kola Champagne, Grape, Cranberry, Cola) \$2.75

THANK YOU!
FREE coffee or tea
for First Responders and
Military with I.D.

TheGreenTableRestaurant.com

3390 Tampa Rd, Palm Harbor, Fl 34684 | (727) 789-1931



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